

How to Download Guarding Hearts Alliance Graphics for Your Website

Guarding Hearts Alliance has created graphics for you to place on your Website to promote heart health and support our efforts to encourage others to join the alliance. Following are step-by-step instructions for downloading Web graphics. Once you have downloaded the graphics, they will be ready to send to the person or company that manages your Website so they may be posted.

Instructions for downloading Guarding Hearts Alliance Web graphics:

1. Visit the Guarding Hearts Alliance downloads page at: <http://www.GuardingHeartsAlliance.org/downloads>.
2. Choose the file you want to download from those pictured below.



Online Ad 1
150px X 150px



Online Ad 1
250px X 250px

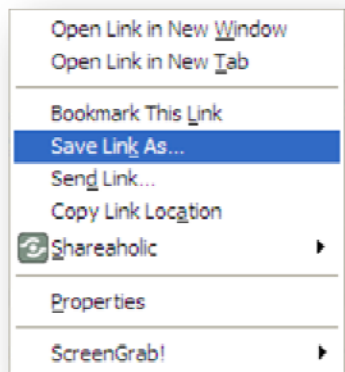


Online Ad 2
150px X 150px

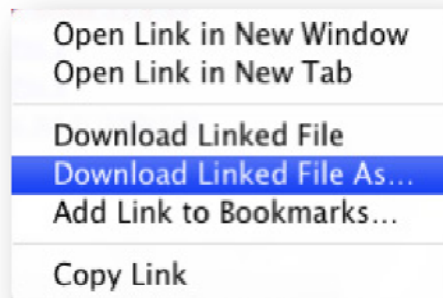


Online Ad 2
250px X 250px

3. Right-click (PC) or Ctrl+click (Mac) on the file you want to download and choose "Save Link As..." (PC) or "Download Linked File As..." (Mac).

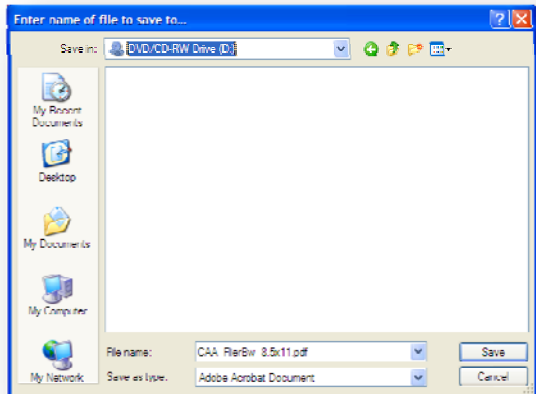


Save Link As... (PC)

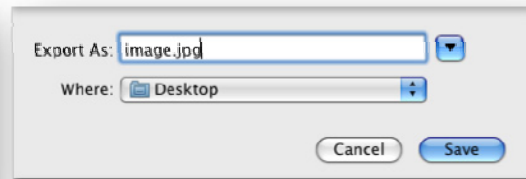


Download Linked File As... (Mac)

4. When prompted, choose the location to save your file, and click “Save.”



Save location dialog box (PC)



Save location dialog box (Mac)

5. Once the graphic has saved, you can send the image to your Website provider to post on your Website. Please ask your Website provider to link this graphic back to <http://www.GuardingHeartsAlliance.org>.